

# Hunter High School Men and Women's Swim Team Disclosure, 2011-2012 Season

Head Coach: Shawn Marsing [Shawn.Marsing@wvc-ut.gov](mailto:Shawn.Marsing@wvc-ut.gov)  
[www.hunterswimming.org](http://www.hunterswimming.org)

Parent meeting:

Being a part of the swim team here at Hunter High School is something that should be exciting and also an honor. Hunter swimming is the most successful extra-curricular program at the high school. We have compiled more region championships than all other sports combined. Last year, our men's team staged a remarkable comeback to nail second place at the state meet! We have produced dozens of state champions and have set several state records. We're bragging a little, but we also want to impress on you the responsibility you have in joining (and we have in coaching) this team: a responsibility to live up to a high standard of performance.

We believe that swimming is about setting goals, self-discipline, teamwork, and being a strong—but fair—competitor. You will become a stronger, more reliable, more cooperative and more focused person in the course of participating in this sport. You will learn how to lose with honor and win with dignity. Swimming is not for everyone. It is a tough sport requiring hundreds of hours of sweat and determination. But luckily for us, the sweat comes off in the water so we don't stink like the other athletes. Determination does not wash off, even on the high pH days.

- 1) We expect you to be to every practice on time.
  - a. Practice times are as follows:
    - i. 1B Swimming 6:15 AM -8:15 AM
    - ii. 1A Dry land training 6:00 AM-7:00 AM
    - iii. Afternoons swimming Monday-Friday 2:25 PM -4:00 PM
    - iv. No Wednesday afternoon, use this time to work on school work and meet with teachers.
    - v. Thursday practice will be from 6:30-8:30PM
    - vi. Saturdays swimming 7:00 AM -9:00 AM
    - vii. 9<sup>th</sup> grade morning practice
      1. 1B mornings 5:25 AM -6:30 AM
    - viii. Monday morning practices 7:00 AM for *both* A and B days.
    - ix. Team meetings are *usually* Fridays 6:00 AM – 7:00 AM
  - b. If you are unable to attend practice you *must* call the pool to let the coaches know. The phone number for the pool is (801) 646-5367; or call Shawn Marsing 801-910-4033 if you are unable to reach us at the pool number. We would prefer that you speak to us directly *rather than leave a message*. We also dislike receiving text messages. We'd prefer that you talk to us directly.
  - c. To make up a practice missed you must come in the morning at 5:25 AM -6:30 AM and swim with the 9<sup>th</sup> graders on Mon, Wed, Fri, or you can go to the age group practice held at the West Valley Family Fitness Center from 4:15 PM -6:00 PM Monday-Friday. You will have to pay an entrance fee to attend the WVCFFC practice.
  - d. If you miss a practice in the week leading up to a meet and there is not a valid excuse (see below) a one meet suspension will be enforced.
    - i. Reasons for missing that will not result in suspension of the next meet are: illness, family crisis and events that REQUIRE going out of town.
    - ii. Other events approved can be approved by the coaching staff on a case-by-case basis.
  - e. Most importantly, it is CRITICAL that you let us know when you will be missing practice. That way we can plan ahead to get a make-up practice if possible, and we won't have to suspend you from a swim meet.
- 2) You must maintain a grade point average of 2.0 or higher with no more than one F. Falling below those standards will place you on academic probation and you will be unable to compete on this team. If you have two consecutive quarters of academic probation, you will be dismissed from the swim team.
- 3) While participating on this team you will refrain from using alcohol, tobacco or any other illegal drug.

Legal drugs will only be consumed with a prescription from a doctor. A violation of this rule will result in a one-week suspension from the team. Any repeat offense will result in immediate dismissal from the team.

- 4) If you are competing in another fall and/or winter sport we will work with you on the practice schedule until your sport is over. At that point you will be expected to follow the above schedule.
- 5) Requirements to receive an automatic letter are:
  - a. Place in the top 3 in any individual event at the Region Championships.
  - b. Qualifying for the 5A State Championships in any event (relays included).
  - c. Other considerations for a letter are:
    - i. Two years of participation on the team in good standing.
    - ii. Attending at least 90% of required practices.
    - iii. Showing a positive attitude.
- 6) Financial Obligations
  - a. Swimmers will be required to pay the \$40 participation fee (Pay at the accounting office in the front of the school)
  - b. Swimmers must purchase a team suit (\$20-60) and team cap (\$5-20)
  - c. Some travel costs (approximately \$60) will be necessary for the St. George invitational meet (November 5&6)
  - d. You may choose to purchase some/several "gear" items: t-shirt, duffle bag, deck coat, warm-ups. These are optional. We'll be ordering these in the first part of October.
  - e. Fundraisers will be available to help offset these costs. Swimmers are required to raise at least a token amount of money to help with team finances. We have established a \$100 minimum for the swim-a-thon.
  - f. Additional costs not officially required but necessary are: at least swimsuits, cap(s), goggles, towel, etc. But that goes without saying.

In reading and signing this document I know and understand the requirements that are involved in order to be a part of the Hunter Swimming Team. Failure to follow these rules will result in the consequences that accompany the rule.

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print full name (student)

\_\_\_\_\_

student signature

\_\_\_\_\_

email

\_\_\_\_\_

date

\_\_\_\_\_

parent signature

\_\_\_\_\_

email

\_\_\_\_\_

date